



**INTERNATIONAL INSTITUTE OF INFORMATION TECHNOLOGY (I²IT)**

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DTE Code : EN 6754 | AISHE Code : C-41681

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## **Guest/ Expert Lecture on Yoga Session**

**Academic Year:2023-24**

**Name of the Event: Guest/ Expert Lecture on Yoga Session**

**Date & Time of the Event: 28/10/2023, 4:00 pm**

**Name of the Speaker: Mrs. Pratibha Sandip Patil**

**Designation** Yoga Instructor

**Targeted Audience:** ENTC Students

**Venue:** Ground Floor, Academic Block

**Event Coordinator:** Prof. Bhagyashri Thorat

**Number of Participants:**50

**Activity Description in Nutshell:** The ISETS committee from the Department of E&TC had organized a Yoga Session. The event was scheduled on 28th of October at 4:00 pm. The event held was a holistic approach to well-being, encompassing physical, mental and spiritual dimensions for the students.



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## Event Photos:

HOPE FOUNDATION'S  
INTERNATIONAL INSTITUTE OF INFORMATION TECHNOLOGY  
DEPARTMENT OF ELECTRONICS AND TELECOMMUNICATION

**Mrs. Pratibha Sandip Patil**

# Yoga Session

Happy soul, a fresh mind, and a healthy body. All three can be achieved with yoga

**28 Oct 2023**

**4:00 PM**

**I2IT, Ground Floor Academic Building**



