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Hope Foundation's

International Institute of Information Technology

P-14, Rajiv Gandhi Infotech Park, Phase I, Hinjawadi, Pune – 411057

Activity Report

International Yoga Day

Academic Year: 2024-25

Name of Event: I²IT International Yoga Day

Topic: Yoga Practice

Name of the Speaker:Dr.AnkitaDhone

Date & Time of the Event:21st June 2024; 9.30 am to 10.30 am

Targeted Audience: Students, Staff and Faculties

Venue: Academic Building Ground Floor

Coordinator: Dr. AnkitaDhone (Physical Education Director)

Number of Participants:60

Activity Description in Nutshell:

I²IT College celebrated International Yoga Day on 21st June 2024 with great enthusiasm

performing different Asanas, ShuddhiKriyas, Suryanamaskar, Pranayam, ShuddhiKriya and

Meditation. It was an online as well as offline event.

Event Photos:







Yoga Session Photo