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**NSS Volunteers' Exemplary Contribution during COVID-19** 

Academic Year: 2020-21

Name of the Event: NSS Volunteers' Exemplary Contribution during COVID-19

**Date & Time of the Event:** April 2020 – July 2020

**Event Coordinator:** Dr. Sandeep Varpe, NSS Programme Officer

**Number of Participants: 27** 

**Activity Description in Nutshell:** 

During the COVID-19 pandemic, National Service Scheme (NSS) volunteers played a crucial

role in various countries by contributing to relief efforts and community service. Their

contributions were diverse and impactful, encompassing a range of activities to address the

challenges posed by the pandemic. NSS volunteers actively participated in creating

awareness about COVID-19 and disseminating crucial information regarding preventive

measures, vaccination drives, and government guidelines. In some instances, NSS volunteers

were involved in facilitating telemedicine services, connecting healthcare professionals with

individuals who required medical consultations but couldn't visit healthcare facilities in

person. Recognizing the mental health challenges posed by the pandemic, some NSS

volunteers offered emotional support and counseling services to individuals and communities

facing stress, anxiety, and grief. Some of the key contributions of NSS volunteers during the

COVID-19 pandemic include:

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- a. In this pandemic NSS volunteers have done the survey of 314 families in which we took information about travel history and any physical problem.
- b. Also, volunteers distributed food packets to migrated peoples for a week.
- c. We have distributed masks and sanitizers in the slum area.
- d. Volunteers distributed homeopathic medicine arsenic Album 30 to 35 families after consulting a medical officer. We encourage people to donate blood and plasma.
- e. Tele Counselling conducted for COVID patients: When Dr. Sandeep Varpe comes to know about any COVID patient who is in depression due to these diseases he and other volunteers immediately contacts them and make a counselling to give mental support.

NSS volunteers demonstrated resilience, compassion, and a strong sense of community service during the challenging times of the COVID-19 pandemic, contributing significantly to the overall response and recovery efforts

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#### **Event Photos:**



Photo: Stay Home Stay Safe message from NSS Unit

Dr. Sandeep Varpe NSS Programme Officer



Dr. Vaishali Patil Principal