

I²IT ACM Student Chapter

Event Report

Academic Year 2024-25, Semester-I

Date: 23/09/2024

Name of Event Coordinator (s): Prof. Prashant Mandale & Prof. Asawari B.
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1. **Name of Event:** Guest Lecture on “Rewiring of Brain-The Power of Habit”
2. **Date of Execution:** 20/09/2024
3. **Duration of Event (hours/days):** 2 hr
4. **Number of Participants:** 200
5. **Sanctioned Budget (if applicable):** 4000
6. **Total Expenditure:** 174
7. **Enclosures (check list):** Tick

	Permission from Head of Institute
	Flyer (if any)
	Expert Person Profile
	Registration Details
	Expense Details with Receipts
	Photographs
	Attendance Sheets
	EO-PO/PSO Attainment

Objectives of the Event:

EOB1: To educate students on the neuroscience of habit formation.

EOB2: To inspire students to apply habit-building techniques for personal and academic growth.

Outcomes of the Event:

EO1: Students will gain knowledge of the brain's role in habit formation and change.

EO2: Students will develop actionable plans to apply habit-building strategies in their daily lives.

EO-PO-PSO Mapping Matrix

EO\PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4
EO1	-	2	-	-	1	1	1	1	1	1	-	2	-	2	1	2
EO2	-	3	-	-	1	2	1	2	3	2	-	3	-	3	3	3

Prof. Prashant Mandale & Prof. Asawari B.
Event Coordinators

Dr. Jyoti Surve
HOD, Dept. of IT

Event Report

“Rewiring of Brain-The Power of Habit”

Academic Year: 2024-2025 SEM-I

Name of Event: Guest Lecture on “Rewiring of Brain-The Power of Habit”

Date and Time of Event: 20/09/2024, 10:00 AM to 12:00 PM.

Venue: 307 Seminar Hall, Academic Building

Targeted Audience: TE and SE students

Number of Participants: 200

Event Coordinator: Prof. Prashant Mandale & Prof. Asawari B.

Activity Description:

The I²IT ACM Student Chapter, in collaboration with ITSA, organized a highly engaging guest lecture session on September 20, 2024, from 10:00 AM to 12:00 PM. The lecture, titled “Rewiring of the Brain - The Power of Habit”, aimed to explore the science behind habit formation and how a deeper understanding of the brain’s mechanisms can be leveraged to develop positive habits and improve personal productivity. The session provided students with valuable insights into how habits shape our behaviour and the neurological processes involved.

The event featured Mr. Saurabh Krishna Das, Project Manager and Data Scientist at Tata Technologies, as the speaker. He brought his extensive experience to the lecture, discussing how the brain rewires itself through repeated behaviour and how this understanding can be applied to both personal and professional growth. Mr. Das effectively engaged the audience by linking scientific research with practical techniques for habit formation and productivity enhancement. Following the lecture, a quiz competition was held to test students’ knowledge on the subject and encourage interactive learning, which further reinforced the key takeaways from the session.

Conclusion:

The guest lecture session on September 20, 2024, successfully provided an enriching and educational experience for the attendees. The lecture's combination of scientific insight and practical advice empowered students to rethink their habits and apply new strategies to improve their personal and professional lives. The quiz competition added an element of fun and engagement, allowing students to actively participate in the learning process.

The event was well-attended and received positive feedback from participants, who appreciated the relevant and thought-provoking content. The I²IT ACM Student Chapter and ITSA are to be commended for organizing this interdisciplinary event, which not only contributed to personal growth but also promoted a deeper understanding of the brain's role in habit formation. This session marks another successful initiative by the I²IT ACM Student Chapter, reinforcing its commitment to providing valuable learning experiences for students.

The feedback was overwhelmingly positive, and the event successfully met its objectives of fostering personal development, enhancing productivity, and encouraging collaborative learning. We look forward to more such insightful events in the future that continue to enrich the academic and professional lives of I²IT students.

Glimpse of Event:







Prof. Prashant Mandale & Prof. Asawari B.
Event Coordinators

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